



STUDENTS NAME:

MILK CHOICE: WHITE / CHOCOLATE

GRADE:

FOOD ALLERGIES:

# OCTOBER

LUNCH ORDERS DUE: SEPTEMBER 28TH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 -Chicken Salad Croissant -Pasta Salad -Fresh Fruit Bowl	2 Taco Tuesday! -Chicken tacos w/ Pineapple corn Pico -Cilantro lime rice	3 -Chicken Parmesan over rigatoni w/ garlic bread -Fresh Fruit Bowl	4 -Applewood BLT -Mac-n-cheese -Fresh Fruit	5 -Ham and Cheese Quiche -Fruit Parfait	6
7	8 -Ham and Turkey club Wrap -Fresh Fruit Bowl	9 Taco Tuesday! Classic beef taco with Fresh pico -Spanish rice	10 -Chicken Alfredo - Roasted broccoli -Fresh Fruit Bowl	11 -Ham and Cheese Quiche -Fruit Parfait	12 <b>NO SCHOOL</b>	13
14	15 -Ham n cheese Sliders -Tomato basil soup -Fresh Fruit bowl	16 Taco Tuesday! -Breaded chicken ranchero taco - Spanish rice	17 -Baked Rigatoni and Meat sauce w/ Garlic bread -Garden Salad	18 -Chicken Fajitas w/ rice -Garden Salad	19 -Hamad's Meat Loaf -Mashed potatoes -Corn	20
21	22 -Chicken Caesar wrap -Fresh Fruit	23 Taco Tuesday! - BBQ Chicken taco with a cowboy slaw -western corn and rice	24 - Spaghetti and Meatballs w/ Garlic bread -Fresh Fruit	25 Smoked gouda Chicken Mac-n- cheese -Garden Salad	26 <b>NO SCHOOL</b>	27
28	29 -Italian Wrap W/ a garden Salad	30 Taco Tuesday! Braised Pork Tacos w/ w/apple pico -Fajita pepper rice	31 -Baked Lasagna w/ Garlic Bread -Fresh Fruit	<p>Taco Tuesday: Every Tuesday we will feature a different style of taco. 2 tacos served with a fun rice selection. Additional tacos are \$1.50 a taco.</p>		

For Milk only purchases place an **M** on the dates of purchase. All meals come with a milk.

To uphold State standards we always incorporate at least one fruit or vegetable in every meal and served w/ milk. Pre-order lunches are \$4.25. Everything we serve is prepared fresh daily. Any special request don't hesitate to contact us. For catering you can reach us at 330-603-2986 or [Jon@hamadsonmain.com](mailto:Jon@hamadsonmain.com).